

Cove Park has amazing sea views



Each S-Pod is nestled in woodland



adults and two children. To book, visit camc.com. And if you don't own a caravan, you can hire one at companies such as Dorset-based Blackmore Vale Leisure (bmvleisure.co.uk).

A POD MADE FOR TWO IN DORSET

THE LOWDOWN Cove Park is perched on a clifftop on the Isle of Portland, a tiny peninsula off the stunning Jurassic coast of Dorset. Set in the grounds of the once Royal Pennsylvania Castle, this holiday park is home to static caravans, bungalows and lodges - plus three dinky S-Pods.

What these cosy boltholes lack in size, they more than make up for in design ingenuity. Within the 4.4x3.3m space, there's a fully equipped kitchen, living and sleeping area - complete with a double bed that pulls down from the wall - plus a separate bathroom with shower.

Built with romance in mind, each pod is tucked discreetly among the woodland and, thanks to the glass-fronted design, you can admire the spectacular sea views from the comfort of your bed! And there's nothing nicer

than sharing a bottle of wine on your deck as the sun goes down.

If you don't want to tear yourself away from your pod for breakfast or dinner, you can order at the on site Hayloft Café - which becomes a pizzeria by night - and ask them to drop it round.

OFF SITE As the name suggests, the park is next to a coastal path that leads to a pretty cove with a pebbled beach. And there are nature trails galore. For the best views of the sweeping coastline, take the short drive to Portland Bill Lighthouse on the very southern tip of the island.

Feeling more adventurous? The reception team can tailor your trip with a variety of excursions, such as sailing in the Olympic waters, diving wrecks, horse riding and rock climbing.

And there are plenty of cosy pubs to head to after a bracing walk. The Sunday roast at The New Inn in Easton village, just a 10-minute stroll away from the site, is a must.

BOOK IT A stay in an Swift Group S-Pod (swiftmyspace.co.uk) costs £80 per night peak season and £70 off peak. Visit coveholidaypark.co.uk for more info. ■

A pod with a view



SPA OF THE WEEK

Champneys Forest Mere Hampshire

Who goes? Holly Willoughby, Victoria Beckham and Amanda Holden are all regulars.

Why is it so special? Champneys is one of the original and best spas in the UK, having pampered guests for almost a century. Not only does it offer all the beauty treatments you'd expect, but there's a huge range of fitness activities from yoga and Pilates to zumba and aqua fit in the 25-metre pool.

When you've had enough of lounging in the spa area, which includes a whirlpool, sauna and flotation beds, you can venture out for a walk around the 160 acres of parkland.

What treatments are there?

The Citrus Blush Ritual treatment (£65 for 55 mins) is a heavenly back

massage, which uses soothing hot stones applied to the neck and shoulders. Your skin is left feeling nourished while you'll leave feeling stress-free.

Or go for Champneys Pick Me Up Facial (£45 for 25 mins), a short and sweet way to hydrate your skin.

Are there any packages?

Treat your mum with a mother and daughter one-night stay. Enjoy a Thalassotherapy pool session for two, with Mum getting an additional 55-min manicure or pedicure and an Elemis gift. Full use

of the spa and access to classes, plus breakfast, lunch and dinner are included. From £305 (based on two sharing). ■

Champneys Forest Mere, Portsmouth Road, Hampshire, GU30 7JG. Visit champneys.com



Holly is a fan

CELEB HANGOUT

DAAWAT INDIAN RESTAURANT

372 STRAND, LONDON WC2R 0JJ

Who goes? Celebs Go Dating stars Tyger Drew Honey and Charlotte Crosby have been.

Vibe: Inside the historic Strand Palace Hotel, this elegant

eatery has a relaxed feel with white tablecloths and minimal decor. But it's the flavour-packed menu that does the talking.

Best for: Authentic, home-style south Indian cooking. With three tandoor ovens, the emphasis is on flavour rather than heat. Traditional street-food dishes such as tasty Ragda Patties (lentil dumplings with sweet yoghurt) feature alongside house specials including Grandma Kodi Kura (Grandma's chicken curry) and the Kerala chef's take on tikka masala. For dessert, the chocolate-filled samosas are a must. And if you visit during the day, there's even an Indian afternoon tea featuring lightly spiced nibbles.

Contact: 020 7379 4737 or strandpalacehotel.co.uk.



Charlotte has visited