

Programme Information Sheet

FdSc Equine Sports Science and Coaching

Full-Time (2 years)

Programme Title: FdSc Equine Sports Science and Coaching

Awarding Body: Royal Agricultural University

Location of Study: Riseholme College, Lincoln

Contact

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Programme Aims

The programme benefits from state of the art equine facilities to ensure graduates are fully equipped with knowledge of scientific principles of sport science, coaching, fitness and training to develop performance in equestrian sports. The programme provides skills and knowledge in assessing and recommending strategies to improve horse and rider performance, by developing an understanding of physical, psychological, and behavioural factors that can affect horse-rider combinations. Upon entering the industry graduates will have in depth appreciation and understanding of sports science and coaching to enable them to become high quality coaches who can apply scientific training and coaching techniques to equestrian sport.

Modules

- Year 1: Modules introduce the student to Equine Anatomy and Physiology and Applied Vocational Equine Management and include modules specific to the programme such as Equine Sports Coaching and Introduction Sports Science. Students can choose between an elective Equitation module and studying Equine Nutrition. Students are prepared for study with modules in Academic and Research skills.
- Year 2: Subjects develop on the first year incorporating valuable topics such as Equine Exercise Physiology and Equine Facility Management. Students complete specialised modules to support working in the Sports Science and Coaching industry including Advanced Equitation, Advanced Equine Coaching and Rider Health and Fitness. Those students electing not to ride will have the opportunity to study Equine Behaviour and Welfare. Valuable transferable skills are gained in Introductory Research Analysis.

Programme Structure

Level 4		Level 5	
Semester 1	Semester 2	Semester 1	Semester 2
Academic & Research Skills (20)		Introductory Research Analysis (10)	
Applied Vocational Equine Management (30)		Equine Facility Management (30)	
Equine Anatomy & Physiology (20)		Equine Exercise Physiology (20)	
Equine Sports Coaching (20)	Introduction to Sports Science (10)	Rider Health and Fitness (20)	
	*Equitation (20) or Equine Nutrition(20)	*Advanced Equitation (20) or Equine Behaviour and Welfare (20)	Advanced Equine Coaching (20)

*Elective riding modules (Equitation and Advanced Equitation) are subject to riding assessments

Timetables

The programme is structured over two 14 week semesters commencing in September 2020, including a final assessment week. The units of learning are arranged in modules of 10, 20 or 30 credit value (equivalent to 100, 200 or 300 hours of study). A full-time schedule allows students to study 120 credits at each level/ academic year.

Scheduled contact time is approximately 16 hours a week to include lectures, seminars, practical sessions and academic development seminars, usually over 3 working days from 9am (evening teaching may be included at times until 8pm). Wednesday afternoons are reserved for sport and other extra-curricular activities. FdSc students will gain 4 hours per week experience at our equine centre per week.

Students are also expected to carry out a significant amount of private study (at least 25-30 hours a week) in addition to timetabled hours. Independent study includes reading around the subject, preparing for tutorials and seminars, preparing for, and completing, module assessments and revision for examinations; forming an essential part of a student's learning journey.

Timetables are provided during enrolment onto the programme. In addition to the timetabled sessions foundation students are required to complete an 80 hour placement within their first year of studies. This can either be throughout the year or as one block during the Easter holiday period, students are responsible for arranging their own placement provider and guidance will be provided within timetabled sessions.

Timetables	Scheduled contact (classroom) (%)	Placement (%)	Independent (%)
Year 1	31	7	62
Year 2	31	0	69

Assessment Methods

Assessment includes; written assignments, practical demonstrations, portfolios, scientific reports, group or individual presentations and examinations. Many of the modules contain a mixture of assessment types, with a few modules including one type of assessment. Students are provided with formative assessment opportunities prior to submission of summative assessments.

Assessments	Written Examination (%)	Practical Examination (%)	Coursework (%)
Year 1	7	32	61
Year 2	17	35	48

Facilities, Resources and Equipment

- ✓ Delivered at the new Riseholme College Showground Campus, which includes a brand new Learning Resource Centre, Animal Management facility and science laboratories.
- ✓ **Free training towards BHS Stage Assessments throughout your programme plus funding for the cost of one BHS Assessment day for first year students.**
- ✓ Excellent brand new teaching facilities include Agri-Tech Health & Nutrition Centre with specialist laboratories and state of the art equipment to support students in exploring the various aspects of animal science.
- ✓ Newly refurbished equine facilities at the Riseholme College Farm including 1 indoor and 2 outdoor arenas and Rider Fitness Suite complete with dressage simulator.
- ✓ Online Virtual Learning Environment (VLE) used to enhance and facilitate teaching and independent learning on all programmes.
- ✓ Guest lectures and demonstrations from a range of visiting speakers.
- ✓ Experienced staff with both academic and industrial experience.
- ✓ Use of the excellent equine facilities at Bishop Burton Campus in practical modules including Bishop Burton Arena, Therapy Centre with Water Treadmill, CET Equine Spa, Solarium and Zamar, Rider Fitness & Performance Suite, 2 additional indoor arenas, 3 outdoor arenas, stabling for over 100 horses.



Support

- ◆ A dedicated Health & Welfare Officer to provide pastoral care, emotional support and refer students for counseling if applicable.
- ◆ A Disability Officer to co-ordinate study skills tutors and assessment for DSA entitlements
- ◆ Access to Student Services team, offering support and guidance on financial issues and hardship funds

Entry Qualifications

- ✓ Applicants will have a minimum of 80 UCAS points and GCSE English Language at grade C/4 or equivalent.
- ✓ The successful completion of an entry task may be required when considering applications without the required formal entry qualifications.
- ✓ If first language is not English, or a Tier 4 student visa to study is required and GCSE grade C English or equivalent is not held, English language proficiency level such as International English Language Testing System (IELTS) 6.0 overall (with a minimum 5.5 in each skill) will need evidencing.
- ✓ Students with an appropriate HNC can apply for direct entry to Year 2.
- ✓ All applicants need an appropriate academic reference.

Application Information

Through UCAS:	www.ucas.com
College Code:	BISH B37
Course Code:	D3C7
Campus Name:	Riseholme College
Campus Code:	R

Programme fees and associated costs

For up to date information on tuition fees please visit <https://www.bishopburton.ac.uk/student-life/student-support/degree-finance>

For support with student finance please visit www.gov.uk/student-finance

Students will need to buy a white college laboratory coat for laboratory practicals available via the college online shop. Practical yard equipment required includes; riding hat (PAS015), gloves, boots, dark trousers/jodhpurs, coat, grooming kit and body protector (BETA level 3 2009 – purple label standard) for ridden modules. Students will need to purchase stationary, text books, additional qualifications and transport to and from college. Trips and short courses may also be offered at extra cost. On successful completion of the programme, students have the opportunity to graduate at a ceremony wearing formal dress. The hire of the formal dress is an additional cost.

Bishop Burton College offers an Employability Bursary, students enrolled on programme can apply for support with their employability for up to £300, and this can aid completion of industry relevant qualifications alongside the main degree programme of study.

Graduate Careers and Opportunities

Students can gain positions within equestrian centres, training and event facilities, governing bodies, product manufacturers, retail companies, and equine welfare organisations. Students who choose to study for the additional BHS qualifications alongside the programme are able to work as equine coaches, both self-employed and within accredited training centres. Many students select to complete the final year of the BSc (Hons) Equine Sports Science and Coaching.