

## GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>MEDITERRANEAN</b> Chicken Shawarma Flatbread Paprika Potato Wedges (no oil) House Slaw</p>	<p><b>CHINESE</b> Five Spiced Beef Beggars Noodles Peas</p>	<p><b>BRITISH</b> Roast Gammon Roast Potatoes (oil) Seasonal Cabbage Carrots Gravy</p>	<p><b>INDIAN</b> Chicken Tikka Masala Rice Cucumber Raita</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet Chips (oil) Baked Beans OR Peas</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> BBQ Pulled Beef Brisket</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p><b>DEEP SOUTH DINER</b> Beef Burger</p>	<p><b>WINGS &amp; THINGS</b> Texas BBQ Chicken</p>	<p><b>DEEP SOUTH DINER</b> New York Hot Dog</p>
	<p>Feta and Potato Frittata</p>	<p>Mac 'N' Cheese</p>	<p>Sweet Potato &amp; Squash Casserole</p>	<p>Boston Bean Pot</p>	<p>Veg &amp; Bean Quesadilla</p>
	<p>New Orleans Red Bean Rice *</p>	<p>Garlic Bread* (no oil)</p>	<p>Chipotle Potato Wedges (no oil)</p>	<p>Layered Potato Bake</p>	<p>Chips (oil)</p>
	<p>Southern Greens</p>	<p>Chop Chop Salad</p>	<p>Corn on the Cob</p>	<p>House Slaw</p>	<p>Sweetcorn</p>
<b>SPEEDY ITALIAN</b>	<p>Veggie Supreme Pizza (v)</p>	<p>Ham and cheese pizza</p>	<p>Hawaiian Pizza</p>	<p>Bacon Pizza</p>	<p>Veggie Hot One Pizza (v)</p>
	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>	<p>Margherita Pizza (v)</p>
	Wholegrain * Oily Fish ***				

## GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p style="text-align: center;"><b>BRITISH</b> Cheese, Tomato and Potato Bake</p> <p style="text-align: center;">Carrots and Peas</p>	<p style="text-align: center;"><b>CHINESE</b> Lemon and Ginger Chicken</p> <p style="text-align: center;">Wholegrain Rice * Wok Tossed Oriental Vegetables</p>	<p style="text-align: center;"><b>MEDITERRANEAN</b> Spanish Beef Hash</p> <p style="text-align: center;">Garlic and Herb Bread* (no oil) Lemon and Garlic Broccoli</p>	<p style="text-align: center;"><b>BRITISH</b> Pork sausage,mashed potato and red onion gravy</p> <p style="text-align: center;"><b>Carrots</b> <b>Peas</b></p>	<p style="text-align: center;"><b>BRITISH</b> Home-made Battered Fish Fillet</p> <p style="text-align: center;">Chips (oil)</p> <p style="text-align: center;">Baked Beans OR Peas 9</p>
<b>HIGH STREET FAVES</b>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> Chipotle BBQ Pork</p>	<p style="text-align: center;"><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> Piri Piri Pulled Pork Burger</p>	<p style="text-align: center;"><b>WINGS &amp; THINGS</b> Marinated Chicken Wrap</p>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> Creamy Fish Pasta Bake *** (oily fish)</p>
	<p style="text-align: center;">Quorn Sausage Pattie &amp; Cheese Bun</p>	<p style="text-align: center;">Smoky Cauliflower Cheese</p>	<p style="text-align: center;">Louisiana Bean Pot</p>	<p style="text-align: center;">Mac 'N' Cheese</p>	<p style="text-align: center;">Corn, Black Eye Bean and Feta Soft Taco</p>
	<p style="text-align: center;">Paprika Potato Wedges (no oil)</p>	<p style="text-align: center;">Garlic and Herb Bread* (no oil)</p>	<p style="text-align: center;">Fajita Potato Wedges (no oil)</p>	<p style="text-align: center;">Cajun Potato Wedges (no oil)</p>	<p style="text-align: center;">Mississippi Rice *</p>
	<p style="text-align: center;">Red Slaw</p>	<p style="text-align: center;">BBQ Beans</p>	<p style="text-align: center;">Sweetcorn</p>	<p style="text-align: center;">Apple Slaw</p>	<p style="text-align: center;">Crunchy Salad</p>
<b>SPEEDY ITALIAN</b>	<p style="text-align: center;">Veggie Hot One Pizza (v)</p>	<p style="text-align: center;">Cajun Chicken Sizzler Pizza</p>	<p style="text-align: center;">Veggie Supreme Pizza (v)</p>	<p style="text-align: center;">Bacon Pizza</p>	<p style="text-align: center;">Cheese and Ham pizza</p>
	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>	<p style="text-align: center;">Margherita Pizza (v)</p>
	Wholegrain * Oily Fish ***				



## GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p style="text-align: center;"><b>THAI</b> Thia red chicken curry Wholegrain Rice *</p> <p>Lightly Spiced Sweetcorn with Lime</p>	<p style="text-align: center;"><b>MEDITERANNEAN</b> Chicken Gyros</p> <p>Crunchy Salad</p>	<p style="text-align: center;"><b>MEXICAN</b> Chipotle Beef Chilli</p> <p>Creamed Potatoes</p> <p>Roasted Vegetables</p>	<p style="text-align: center;"><b>CARIBBEAN</b> Trinidad Chicken Rice</p> <p>Orange and Cumin Roasted Carrots</p>	<p style="text-align: center;"><b>BRITISH</b> Home-made Battered Fish Fillet</p> <p>Chips (oil)</p> <p>Baked Beans OR Peas</p>
<b>HIGH STREET FAVES</b>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> Cheese Burger</p>	<p style="text-align: center;"><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> BBQ Chicken Mac N Cheese</p>	<p style="text-align: center;"><b>WINGS &amp; THINGS</b> Cajun Pulled Pork &amp; Bean Pitta</p>	<p style="text-align: center;"><b>DEEP SOUTH DINER</b> Smoky Chicken Wrap</p>
	Butternut Squash Feta Bake	Vegetable Chilli	Cajun Vegetable Burrito	Cauliflower and Creamed Corn Bake 93130867	Feta and Chickpea Cake with Salsa
	Chipotle Potato Wedges (no oil)	Golden Rice & Beans	Baked Garlic & Herb Potato Wedges (no oil)	Paprika Potato Wedges (no oil)	Mexican Yellow Rice *
	Chop Chop Salad	Southern Greens	Crunchy Raw Slaw	BBQ Beans	Tomato, Red Onion and Lentil Salad
<b>SPEEDY ITALIAN</b>	Veggie Hot One Pizza (v)	Ham and cheese pizza	Mushroom & Sweetcorn Pizza (v)	Ham and Cheese Pizza	Chicken Supreme Pizza
	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)	Margherita Pizza (v)
	Wholegrain * Oily Fish ***				