



Hessle High School & Sixth Form College

Welcome to our Open Evening

Physical Education

The Course

- students will be given opportunities to gain the skills necessary to develop a healthy lifestyle. Further opportunities to develop skills will be provided at extra-curricular clubs
- in Year 9 all students will continue with Core PE but some may choose to begin to study GCSE level and BTEC Sport Level 2



Students will experience a wide range of activities and content during their PE lessons including

- athletic activities
- fitness
- gymnastics and dance
- invasion games
- net and ball games
- striking and fielding games

Assessment

- student progression and achievement will be monitored regularly using homework and extended learning tasks as well as the practical grades.



How Parents Can Help

- extra-curricular sports clubs are run for every sport in the curriculum and parents are asked to encourage students to attend these clubs and fixtures
- we welcome parents (and grandparents!) to our sports fixtures and ask that they follow the RESPECT code
- we would love to hear about sporting successes outside school
- parents involved in the 'sport world' are actively encouraged to engage with PE department to support learning and celebration events
- follow us on Twitter @HHSSport to keep up to date with all things PE
- encourage active participation

Subject Leader: Miss Boyes

'Every child is capable of extraordinary achievement'